



Kitchen Move Out/Move In Cleaning Check List

	Clean and wipe inside refrigerator and freezer, stove and microwave
	Clean appliances with stainless steel polish or microfiber if not stainless
	Wipe down all cabinets with microfiber (wet)
	Wipe inside drawers and cabinets
	Clean inside sink and all fixtures
	Dust light fixtures
	Dust top of refrigerator
	Wipe down all appliances and clean stove top
	Wipe and sanitize counters
	Clean glass cabinets w/ Windex
	Inside Pantry – vacuum and mop, clean shelving
	Vacuum and Mop Floors
	High dust all cobwebs and ceiling fans

Bathrooms

	Clean mirrors (no streaks or cloudy film left)
	Dust light fixtures above mirrors
	Spray shower with cleaner spray and let sit for 10 mins to remove soap scum
	Clean shower to remove ALL soap scum including soap dish – use heavy brush for heavy soap scum. Be careful not to scratch glass and fixtures
	Scrub shower with heavy brush to remove soap scum (be careful to not leave scratches)
	Wipe down sink with blue sponge to remove all dirt and then wipe with wet microfiber
	Wipe front of cabinets
	Wipe inside all cabinets and drawers and medicine cabinet
	Wipe toilet and clean inside bowl (remove any rings)
	Remove all bath mats and shake off outside if necessary
	Vacuum all hair and debris and mop

Bedrooms and Living areas

	Clean mirrors (no streaks or cloudy film left)
	Remove cob webs from ceiling area
	Dust light fixtures above mirrors
	Dust and wet wipe blinds and leave in middle position when done
	Dust upper and lower window sills
	Wet wipe all light switches
	Dust all flat surfaces moving items to give a full dusting
	Wipe down doors and door frames – remove smudges around knobs
	Dust and wet wipe baseboards
	Wipe all shelving inside closets and laundry room
	Vacuum or mop floors – lift area rugs where possible to vacuum and mop underneath



Every Cleaning Includes:



Bathrooms

- ◆ Tile walls, bathtubs, and showers cleaned and sanitized
- ◆ Shower doors cleaned and sanitized
- ◆ Vanity and sink cleaned and sanitized
- ◆ Mirrors and chrome fixtures cleaned and shined
- ◆ Floors cleaned/carpets vacuumed
- ◆ Toilets thoroughly cleaned
- ◆ Window sills, ledges, and blinds dusted
- ◆ Cobwebs removed
- ◆ Doors and door frames spot cleaned
- ◆ General dusting



Living Areas

- ◆ Flat areas hand wiped and sanitized
- ◆ Doors and door frames spot cleaned
- ◆ Cobwebs removed
- ◆ Picture frames dusted
- ◆ Ceiling fans dusted
- ◆ Lamp shades dusted
- ◆ Intricate items dusted
- ◆ Heavy knickknack areas dusted
- ◆ Window sills, ledges, and blinds dusted
- ◆ Clean hardwood floors: vacuumed and damp mopped
- ◆ Stairs vacuumed
- ◆ All readily accessible floors vacuumed



Sleeping Areas

- ◆ Flat areas hand wiped and sanitized
- ◆ Doors and door frames spot cleaned
- ◆ Cobwebs removed
- ◆ Picture frames dusted
- ◆ Ceiling fans dusted
- ◆ Lamp shades dusted
- ◆ Intricate items dusted
- ◆ Heavy knickknack areas dusted
- ◆ Window sills, ledges, and blinds dusted
- ◆ Clean hardwood floors: vacuumed and damp mopped
- ◆ Stairs vacuumed
- ◆ All readily accessible floors vacuumed



Kitchens

- ◆ Counter tops cleaned and sanitized
- ◆ Outside of range hood cleaned and sanitized
- ◆ Top and front of range cleaned
- ◆ Drip pans or glass top surfaces wiped
- ◆ Sinks cleaned and sanitized and chrome shined
- ◆ Fronts of all appliances cleaned
- ◆ Floors vacuumed and damp mopped
- ◆ Window sills, ledges, and blinds dusted
- ◆ Cobwebs removed
- ◆ Microwave wiped out
- ◆ Doors and door frames spot cleaned
- ◆ General dusting